

Cancer and Venous Thromboembolism

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GASCO, Atlanta Sept 8th, 2017

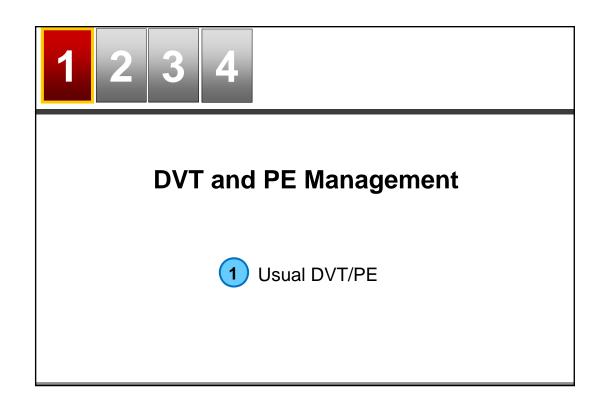
Disclosures

Consultant: Janssen, *Boehringer-Ingelheim, Portola*

Speaker bureau: none

Off label use drug discussion: none

Topics DVT and PE Management 1 "Usual" DVT/PE • DOACs? • Failure of anticoagulation • Thrombocytopenia 2 Catheter-associated thrombosis 3 Incidental/asymptomatic DVT/PE B Unprovoked VTE – Should One Screen for Cancer? C VTE Prophylaxis D Major Bleeding





DOACs in Cancer and VTE

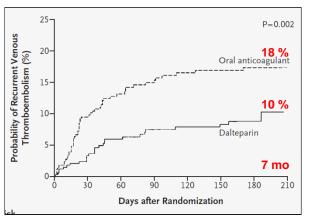
For VTE in cancer patients, I use predominantely...



- A. LMWH
- B. Warfarin
- C. DOAC (Apixaban, Dabigatran, Edoxaban, Rivaroxaban)
- D. Rituximab

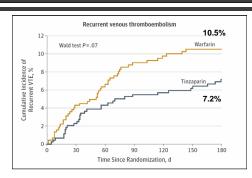
CLOT Trial

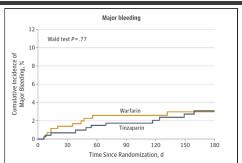
- Cancer and VTE: 772 patients; Dalteparin vs warfarin
- Heme malignancies: 70 patients (9 %)



[Lee AYY et al . NEJM 2003:349:146-153]







- 900 patients; 10.4 % heme malignancies
- Recurrent VTE at 6-month: HR 0.65 [95%CI, 0.41-1.03]; P = .07)
- No differences in major bleeding or overall mortality
- Clinically relevant non-major bleeding T vs W; HR 0.58 [95%CI, 0.40-0.84]; P = .004

[Lee AYY et al . JAMA 2015;314:677-86]

LMWH Trials in Cancer VTE

	Number of patients	LIVIVVH	Dosage and duration
Patients with cancer			
CLOT; Lee et al (2003) ²⁵	672	Dalteparin	200 IU/kg once per day for 1 month, 150 IU/kg per day for 5 months
CATCH; Lee et al (2015)26	900	Tinzaparin	175 IU/kg once per day for 6 months
.ITE; Hull et al (2006) ⁴²	200	Tinzaparin	175 IU/kg once per day for 3 months
CANTHANOX; Meyer et al (2002) ⁴³	146	Enoxaparin	1.5 mg/kg once per day for 3 months
ONCENOX; Deitcher et al (2006)44	122	Enoxaparin	1 mg/kg twice per day for 5 days, 1.0 mg/kg or 1.5 mg/kg once per day for 6 month
Inselected patients			
opez-Beret et al (2001)45	158	Nadroparin	0.1 mL/10 kg twice per day for 3 to 6 months
Romera et al (2009)46	241	Tinzaparin	175 IU/kg once per day for 6 months
			nan 3 months. LMWH=low-molecular-weight heparin.

[Farge D et al. LancetOncol 2016;17:e452-466]

LMWH Trials in Cancer VTE



Take home point

• LMWH gold standard.

DOACs in Cancer and VTE

Guidelines



ASCO 2015:

• "LMHW recommended. DOACs not currently recommended"

[Lyman GH et al. J Clin Oncol 2015 Feb 20;33(6):654-6]



ACCP 2016:

• "Suggest LMWH over DOAC or warfarin"

[Kearon C, et al. Chest. Feb;149(2):315-52]

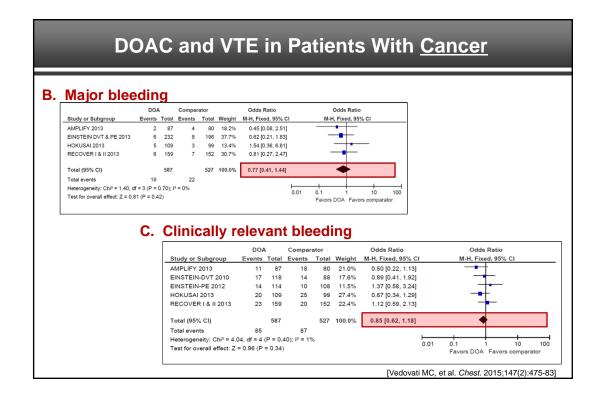


ACF 2016:

"Suggest LMWH"

[Khorana A et al. J Thrombo Thrombolys, Jan 2016]

DOAC and VTE in Patients With Cancer Systematic review and meta-analysis A. VTE Recurrence Odds Ratio DOA Comparator Odds Ratio Events Total Events Total Weight M-H, Fixed, 95% CI Study or Subgroup M-H, Fixed, 95% CI AMPLIFY 2013 3 81 5 78 15.2% 0.56 [0.13, 2.43] EINSTEIN-DVT 2010 0.59 [0.15, 2.26] EINSTEIN-PE 2012 2 114 3 109 9.4% 0.63 [0.10, 3.85] 4 109 7 99 22.0% 0.50 [0.14, 1.77] 10 173 12 162 36.3% 0.77 [0.32, 1.83] HOKUSAI 2013 RECOVER I & II 2013 595 537 100.0% Total (95% CI) 0.63 [0.37, 1.10] 23 32 Heterogeneity: Chi² = 0.36, df = 4 (P = .99); $I^2 = 0\%$ 0.01 0.1 Test for overall effect: Z = 1.62 (P = .10)Favors DOA Favors comparator [Vedovati MC, et al. Chest. 2015;147(2):475-83]



DOACs in Cancer and VTE

Ongoing Trials



- Edoxaban vs dalteparin
- Randomized, open label
- Goal n = 1000 (n = 1,028 completed 12/16/2016; now: f/u for 6 months)

[ClinicalTrials.gov. identifier: NCT02073682]



- Rivaroxaban vs dalteparin (England)
- "Select-d" trial
- Goal n = 530 (n=406; 12/19/2016; enrollment complete; now f/u: 6 mo)

[PI: Young A. www2.warwick.ac.uk/fac/med/research/hscience/ctu/trials/cancer/select-d]



- Apixaban vs dalteparin
- Randomized, open label
- Goal n = 325 (n = "about ½ done; Jan 4th, 2017)

[ClinicalTrials.gov identifier: NCT02585713]

DOACs in Cancer and VTE

	CYP 3A4*	P-gp [†]
Inducers (may <u>reduce</u> DOAC plasma levels)	Chemotherapy: paclitaxel Targeted therapies: vemurafenib Hormonal therapies: enzalutamide Immune modulators: dexamethasone, prednisone	Chemotherapy: vinblastine, doxorubicin Immunomodulators: dexamethasone
Inhibitors (may increase DOAC plasma effect)	Chemotherapies: Several antimitotic agents, etoposide, doxorubicin, idarubicin, cyclophosphamide, ifosphamide, lomustine Targeted therapies: imatinib, crizotinib and other tyrosine kinase inhibitors Hormonal therapies: tamoxifen, anastrozole, bicalutamide, abiraterone Immunomodulators: cyclosporine, sirolimus, temsirolimus & tacrolimus Supportive care: aprepitant, fosaprepitant, fentanyl, methadone, acetaminophen	Targeted therapies: imatinib, nilotinib, lapatinib, sunitinib, crizotinib, vandetanib Hormonal therapies: tamoxifen, enzalutamide, abiraterone Immunomodulators: cyclosporine, temsirolimus, tacrolimus

*Moderate or strong interaction is indicated by red text. †Interaction with P-gp has been documented

Source: adapted from: Short NJ, et al. *Oncologist*. 2014;19(1):82-93. Lee AY, et al. *Blood* 2013;122(14):2310-2317. Slide courtesy of Dr. Agnes Lee - modified



Take home point • LMWH gold standard as of now. • If LMWH not possible, then DOACs are an option.

Thrombocytopenia and Anticoagulation

Thrombosis Research 141 (2016) 104-105



Contents lists available at ScienceDirect

Thrombosis Research

journal homepage: www.elsevier.com/locate/thromres

Variability in management of hematologic malignancy patients with venous thromboembolism and chemotherapyinduced thrombocytopenia

[Samuelson BT et al. Thromb Res 2016;141:104-105]

Thrombocytopenia and Anticoagulation

Methods

- · 30 Ds surveyed
 - 10 heme-malignancy specialized
 - 10 non-malignant heme
 - 10 transfusion medicine
- In 19 academic centers (US, Canada)
- "At which platelet count do you feel comfortable having a patient receive prophy or full-dose anticoagulation?"
- 3 case scenarios
- 24/30 responded (80 %)

[Samuelson BT et al. Thromb Res 2016;141:104-105]

Case #2a

Case 2a: 62 year old man day + 4 after allogeneic hematopoietic cell transplant for myelofibrosis, found to have a <u>segmental PE</u> on CT performed for <u>new onset dyspnea</u> and mild tachycardia without hypoxia. <u>His platelet count is 10,000</u>. Lower extremity compression ultrasonography reveals a <u>proximal DVT</u> of the right leg. Which of the following would best describe your approach to managing this patient's thrombosis:

Response
52.9%
17.7%
29.4%

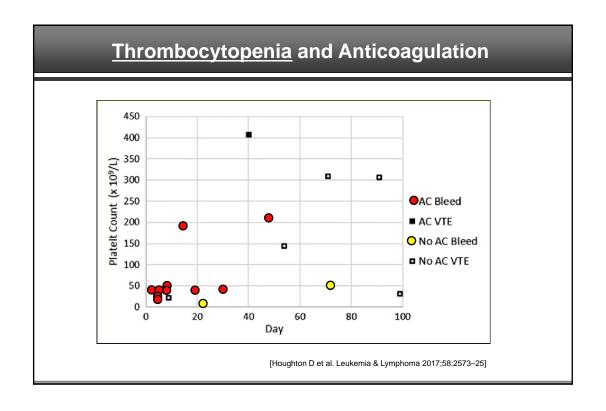
[Samuelson BT et al. Thromb Res 2016;141:104-105]

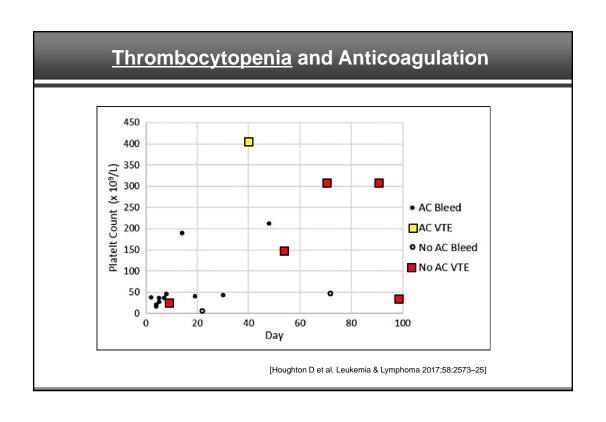
Thrombocytopenia and Anticoagulation

ISTH Guidance

- 1. Platelets > 50k: full-dose anticoagulation
- 2. Acute VTE and platelets < 50k:
 - Plt transfusion to keep plts > 50k + full-dose anticoagulation
 - If plt transfusion not possible: IVC filter; once plts recovered: remove filter and anticoagulate
- Sub-acute or chronic VTE and platelets < 50k:
 - Plts 25-50k: 50 % dose-reduction of LMWH
 - Plts < 25k: d/c anticoagulation

[Carrier M et al. J Thromb Haemost 2013;11:1760-1765]





Thrombocytopenia + Anticoagulation

Ann Hematol (2015) 94:329–336 DOI 10 1007/s00277-014-2198-6

ORIGINAL ARTICLE

Management and outcomes of cancer-associated venous thromboembolism in patients with concomitant thrombocytopenia: a retrospective cohort study

Ilana Kopolovic • Agnes Y. Y. Lee • Cynthia Wu

[Kopolovic I, et al. Ann Hematol. 2015;94(2):329-336]

- 74 pts at 1 institution (Edmonton, Alberta, Canada)
- Prolonged plts <100k, for >4 wks
- · Conclusion:
 - Heterogenous management
 - High-rate recurrent VTE and bleeding
 - · More research needed

[Herishanu Y, et al. Leuk Lymphoma. 2004;45(7):1407–1411] [Babilonia KM, et al. Clin Appl Throm Hemost. 2014;20(8):799-806]

Thrombocytopenia and Anticoagulation

Finding:

- Bleeds occur with low platelets on anticoagulation
- · Recurrent clots occur late, when plts have normalized

[Houghton D et al. Leukemia & Lymphoma 2017;58:2573–25]



Consequence:

 No anticoagulation when platelets are low, but don't forget to start once platelets are higher.

Anticoagulate?

Conglomerate decision of:

- 1. Risk of recurrent VTE or progression
 - (a)...., (b)...., (c)



- 2. Risk for Bleeding
 - (a)...., (b)...., (c) ..
- 3. Patient preference

Recurrent VTE on Anticoagulation

Predictors of Recurrent VTE in Cancer Patients on Anticoagulation

CATCH Trial

- · Metastatic disease
- · Hepato-biliary cancer
- · Active treatment with chemotherapy
- · Hospitalization within previous 3 months
- ECOG performance status of 2
- · Venous compression from bulky tumor or adenopathy

[Lee AYY et al . JAMA 2015;314:677-86] [Khorana AA et al. ASCO 2015]

Recurrent VTE on Anticoagulation

Options

Increase LMWH by 20-25 %

[Carrier M et al J Thromb Haemost 2009;7:760-5] [Farge D et al. LancetOncol 2016;17:e452-466]

- Switch from qd to bid LMWH
- Switch to a different anticoagulant (fondaparinux, warfarin, DOAC)
- · Add Aspirin
- IVC filter



Recurrent VTE: ISTH Guidance

RECOMMENDATIONS AND GUIDELINES

Management of challenging cases of patients with cancerassociated thrombosis including recurrent thrombosis and bleeding: guidance from the SSC of the ISTH

M. CARRIER,* A. A. KHORANA,† J. I. ZWICKER,‡ S. NOBLE,§ A. Y. Y. LEE¶ and ON BEHALF OF THE SUBCOMMITTEE ON HAEMOSTASIS AND MALIGNANCY FOR THE SSC OF THE ISTH

Recommendation:

- "Increase LMWH 25 %"
- "Against IVC filters if anticoagulation can be given"

[Carrier M et al. J Thromb Haemost 2013;11:1760-1765]



DVT and PE Management

2 Catheter-Associated DVT/PE

Case #1

54 year old woman with AML, moderate arm swelling; Doppler: catheter-associated <u>subclavian and axillary DVT</u>. Platelets 125k.

How do YOU treat?

- A. Remove catheter, NO anticoagulation
- B. Remove catheter, full-dose anticoagulation; observe platelets closely
- C. Leave catheter in, NO anticoagulation
- D. Leave catheter in, full-dose anticoagulate; observe platelets closely

Catheter-Associated VTE: Guideline

International Clinical Practice Guideline

- 1. Symptomatic CRT in cancer patients: we recommend anticoagulation for at least 3 months.
- 2. Leave catheter in, if functional + good symptom resolution; observe platelets closely.
- Whether catheter is left in place or not: best length of anticoagulation not known – no standard approach established.

[Farge D et al. LancetOncol 2016;17:e452-466]

1 2 3 4

DVT and PE Management

3 Incidental/asymptomatic DVT/PE

Incidental VTE

- Up to 50 % of VTE in cancer patients are incidentally discovered
- · Best treatment is poorly studied
- "Incidental": Carefully review symptoms
- Sub-segmental PE: Review CT with good radiologist

[Di Nisio M et al. J Thromb Haemost 2015; 13: 880-3]

Incidental VTE

Journal of Thrombosis and Haemostasis, 13: 880-883

DOI: 10.1111/jth.12883

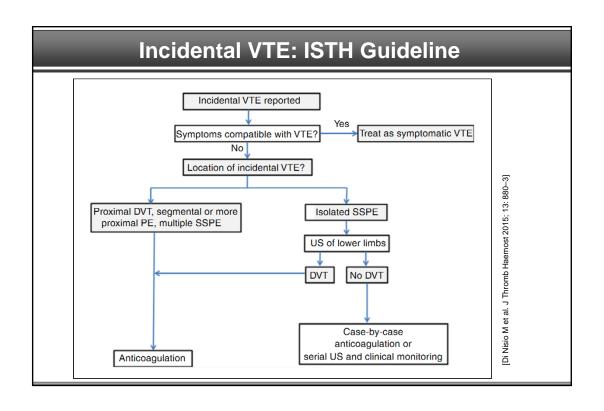
RECOMMENDATIONS AND GUIDELINES

Diagnosis and treatment of incidental venous thromboembolism in cancer patients: guidance from the SSC of the ISTH

M. DI NISIO, *† A. Y. Y. LEE, \ddagger M. CARRIER, \S H. A. LIEBMAN \P and A. A. KHORANA, ** FOR THE SUBCOMMITTEE ON HAEMOSTASIS AND MALIGNANCY

[Di Nisio M, et al. *J Thromb Haemost.* 2015;13(5):880-883]

Incidental VTE Splanchnic vein 1. Symptomatic VTE Isolated SSPE with distal 2. Prox DVT, or bigger PE DVT or without DVT. thrombosis, chronic or acute with very high risk of (main, lobar, segmental, bleeding. multiple subsegmental) If no anticoagulation, then 3. Isolated SSPE + prox repeat B Doppler US after DVT 1 wk in pts with distal DVT. 4. Splanchnic vein thrombosis if acute **Anticoagulation** Case-by-case No anticoagulation [O'Connell C, et al. Hematology Am Soc Hematol Educ Program. 2015;2015(1):197-201] [Di Nisio M, et al. J Thromb Haemost. 2015;13(5):880-883]



Incidental VTE: ISTH Guideline



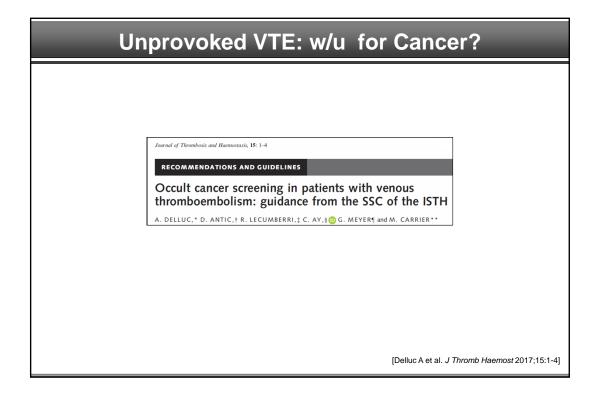
Conclusion

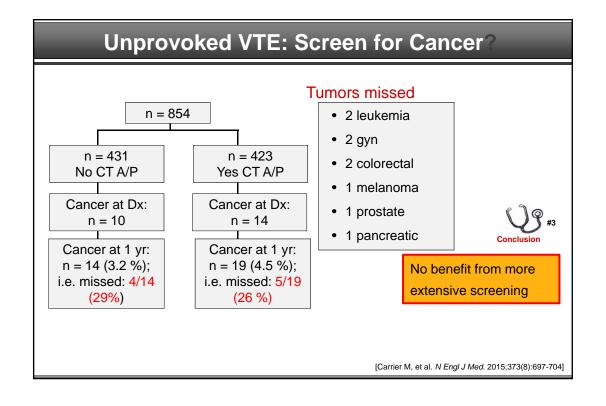
Incidental VTE:

 Treat as a symptomatic VTE, except a sub-segmental PE (case-by-case)

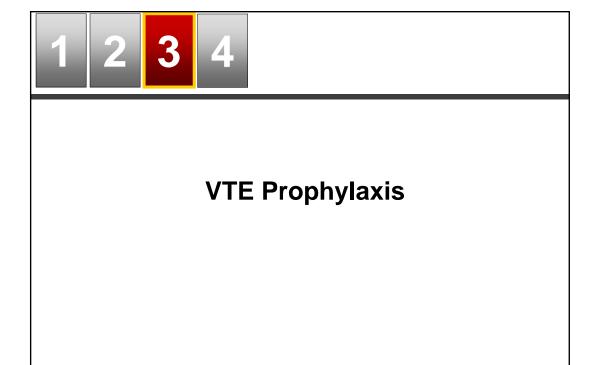
1 2 3 4

Unprovoked VTE
Should We Screen for Cancer?





Journal of Thrombosis and Haemostasis, 15: 1-4 RECOMMENDATIONS AND GUIDELINES Occult cancer screening in patients with venous thromboembolism: guidance from the SSC of the ISTH A. DELLUC,* D. ANTIC,† R. LECUMBERRI,‡ C. AY,§ G. MEYER¶ and M. CARRIER**



VTE Prevention

ASCO 2014

Recommendation:

- · Inpatients: Most patients
- · Outpatients: selected high-risk patients
- MM: anti-angiogenesis agents with chemo and/or dex should receive prophylaxis: LMWH or ASA
- Major surgery:
 - Prophy before and for at least 7-10 days afterwards
 - Extension up to 4 weeks after major abdo/pelvic surgery with highrisk features.

[Lyman GH et a. JCO 2014;33:654-656]

Guideline - ASCO 2015

THE BOTTOM LINE

Key Recommendations

- Most hospitalized patients with active cancer require thromboprophylaxis throughout hospitalization. Data are
 inadequate to support routine thromboprophylaxis in patients admitted for minor procedures or short
 chemotherapy infusion.
- Routine thromboprophylaxis is not recommended for ambulatory patients with cancer. It may be considered for highly select high-risk patients.
- Patients with multiple myeloma receiving antiangiogenesis agents with chemotherapy and/or dexamethasone should receive prophylaxis with either low-molecular weight heparin (LMWH) or low-dose aspirin to prevent venous thromboembolism (VTE).
- Patients undergoing major cancer surgery should receive prophylaxis starting before surgery and continuing for at least 7 to 10 days.
- Extending postoperative prophylaxis up to 4 weeks should be considered in those undergoing major abdominal or pelvic surgery with high-risk features.
- LMWH is recommended for the initial 5 to 10 days of treatment of established deep vein thrombosis and pulmonary
 embolism as well as for long-term secondary prophylaxis for at least 6 months.
- Use of novel oral anticoagulants is not currently recommended for patients with malignancy and VTE.
- · Anticoagulation should not be used to extend survival of patients with cancer in the absence of other indications.
- · Patients with cancer should be periodically assessed for VTE risk.
- Oncology professionals should educate patients about the signs and symptoms of VTE.

[Lyman GH, et al. J Clin Oncol. 2015;33 (6):654-656]

1 2 3 4

Major Bleeding

Predictors of Bleeding in Cancer Patients

- Thrombocytopenia
- Coagulopathy
- Surgery, interventions
- Renal dysfunction
- · Previous bleeding

- Type of tumor (bladder > gastric >
- Ulcerated tumor
- Performance status

[Menapace LA et al Thromb Res 140S1(2016);S93-S98]

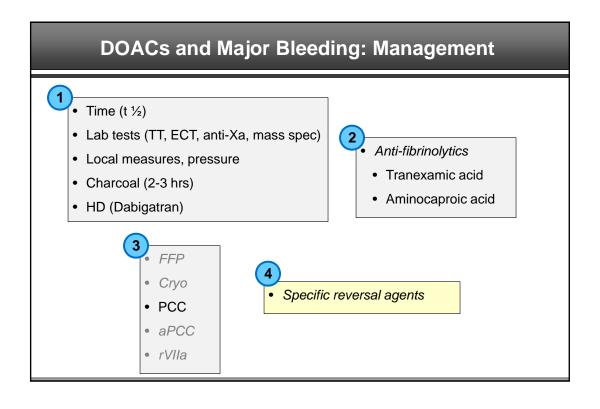
1. Risk of recurrent VTE or progression

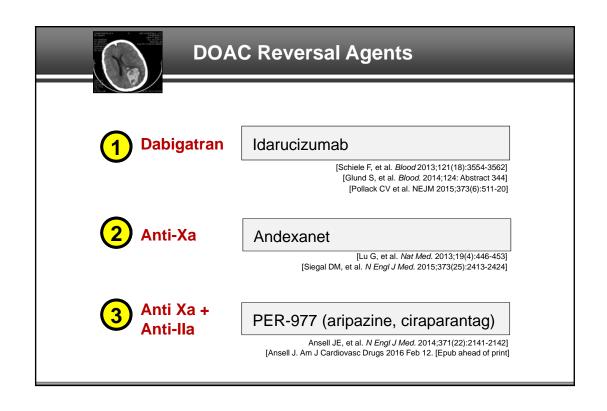
(a)...., (b)...., (c)

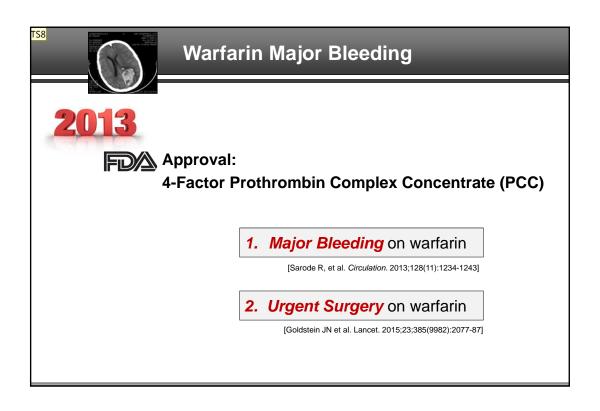


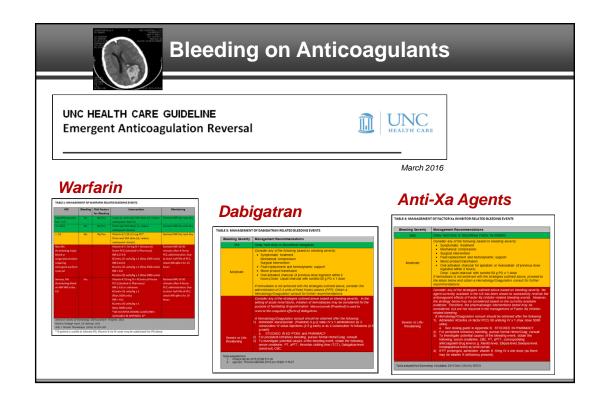
2. Risk for Bleeding

(a)...., (b)...., (c)









TS8 Since this is a CME activity, we have to remove the brand names. $\mbox{\footnote{Trudy Stoddert}}, \mbox{\footnote{ELS}}, \mbox{\footnote{1/21/2015}}$

Questions?

Comments?



Coast Redwood (Sequoia sempiviren



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