



Cancer Patient Navigators of Georgia (CPNG)

Annual Meeting

Matt Mumber MD



What is Cancer Patient Navigation?

- **Cancer Patient Navigation** refers to individualized assistance offered to patients, families and caregivers to help overcome health care system barriers and facilitate timely access to quality medical and psychosocial care, from pre-diagnosis through all phases of the cancer experience. *(According to C-Change)*
 - **Continuum of Care:**
 - Prevention
 - Early Detection and Screening
 - Treatment
 - Survivorship



| Navigation Through the Continuum of Care | | | | |
|--|---|--|--|--|
| Navigation Phases | Outreach navigation | Diagnostic navigation | Treatment navigation | Survivorship navigation |
| Goals of Services | Primary Prevention | Screening Early Detection | Antineoplastic Therapy | Supportive and Tertiary Care |
| Primary Tasks | Adoption of healthy lifestyle Disease prevention | Remove barriers to access to screening | Education Support Coordination of multi-disciplinary care Resource referrals | Wellness/nutrition Stress management Education Long-term care plans Support groups Retreats |
| Optimal Provider | Lay health advisors (trained community volunteers) | Social worker | Nurse navigator | Nurse practitioner |

Hopkins J , Mumber M P JOP 2009;5:150-152

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JOURNAL OF ONCOLOGY PRACTICE

Patient Protection and Affordable Care Act

-- Public Health Service Act amended to extend Patient Navigator program

--all patient navigators must meet minimum core proficiencies

-- Organizations must verify navigator expertise in the type of intervention they will be performing

-- \$3.5 million – 2010 through 2015

**American College of Surgeons Commission on
Cancer -- Program Standards 2012-- Ensuring
Patient Centered Care**

- Cancer Committee assessment of barriers to care
- Establish on site or referral patient navigation program
- Report annually-- to include health disparities identified, navigation process description, population served and barriers identified, measured outcomes, future goals
- Phase in for 2015.

Patient Navigation Research Program

- NCI funded 9 sites – defining metrics to assess processes and outcomes in diverse situations
- evaluate cost effectiveness



CPNG Organizational History

- January 2008: Georgia's Comprehensive Cancer Control Plan (2008 – 2012) disseminated; contains Patient Navigation objectives
- July 2008: GCC partners with Pfizer to sponsor statewide navigators meeting with Dr. Harold Freeman
- December 2008: GASCO partners with GCC to submit grant to ASCO to research need for statewide org
- Spring 2009: GASCO awarded grant; survey developed and distributed



Patient Navigator Survey Summary



80 respondents

- 97% paid; 66% RNs
- 44% breast cancer specialty
- 100% interest in CPNG
- 96% interest in conference

CPNG should address

- Community Resource Info
- Access to Navigation
- Best Practices
- Quality of Care
- Reduce barriers to care



CPNG History

- July 2009: 1st Annual Cancer Patient Navigators meeting; Steering Team introduced
- October 2009: Steering Team Retreat facilitated by UGA Fanning Institute; Mission, Vision, and Values developed; Working Committees identified
- January 2010: Working Committees Convened
 - Governance
 - Membership
 - Communication
 - Network/Infrastructure
 - Education
 - Fundraising
 - Outreach
 - Advocacy/Legislation



CPNG History

- 2010 Goals:
 - Convened 2nd annual meeting
 - Saturday, September 11, 2010
 - Elizabeth A. Rohan, Ph.D., MSW, LCSW – keynote speaker
 - Developed website, content, Listserv, Membership database
- 2011 Goals:
 - Launched “Members Only” website 1Q2011
 - 3rd Annual Conference – Save the Date:
 - August 26 & 27, 2011



Cancer Patient Navigators of Georgia (CPNG)

Cancer Patient Navigators of Georgia (CPNG) is a statewide organization of people who guide individuals and their families through the continuum of cancer care.

www.gacancerpatientnavigators.org



CPNG Steering Team

Co-Chairmen

Deborah Kemp, APRN-BC, OCN
Adult Nurse Practitioner
St. Joseph's/Candler Health System, Savannah, GA

Gail G. McCray, MA, CHES
Community Health Educator
Department of CH/PM
Morehouse School of Medicine
Atlanta, GA

Education Committee

Tamara Stewart-Mason, MPH, CHES
Project Director
Avon Foundation Outreach Initiative Winship
Cancer Institute at Grady
Atlanta, GA

Communications Committee

Alice Kerber, RN, MN, AOCN, APNG
Clinical Nurse Specialist
Saint Joseph's Hospital
Atlanta, GA

Advocacy / Legislative

Courtney Bugler
Executive Director, Survivor
Young Survival Coalition
Atlanta, GA

Patricia Aiken, RN, MSN, CNS
Oncology Nurse Navigator
Memorial University Medical Center
Savannah, GA

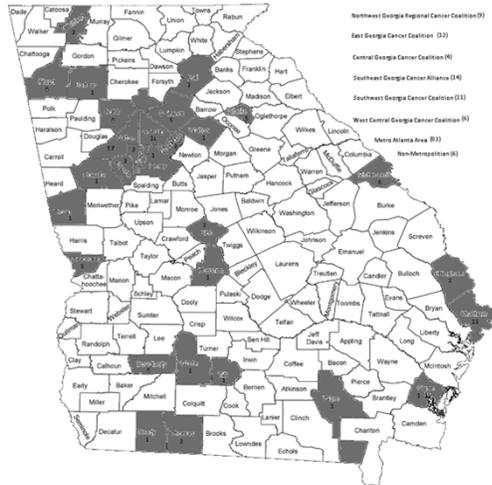
Community Outreach

Ester Familia-Cabrera
Promotora Project Director
Northwest Georgia Healthcare Partnership
Dalton, GA

Olga Lucia Jimenez
BTM State Public Education Senior Manager-
American Cancer Society



CPNG Members



CPNG – Mission & Vision

MISSION

Our mission is to connect, educate and share best practices among patient navigators in Georgia, so that together we can successfully reduce barriers and increase access to services specifically related to cancer.

VISION

Our vision is a state in which patient navigation plays a key role in cancer prevention and screening as well as in supporting and directing all Georgians diagnosed with cancer and their families through their cancer journey.



CPNG - Values/Guiding Principles

Inclusiveness: CPNG includes individuals who serve people with all types of cancer, at all stages, in all types of settings, with a diversity of education and training, but a shared mission. (Nurses, Social Workers, Lay Navigators)

Collaboration: CPNG strives for excellence through a conscious effort to unite, connect, and share best practices through statewide communications and networking.

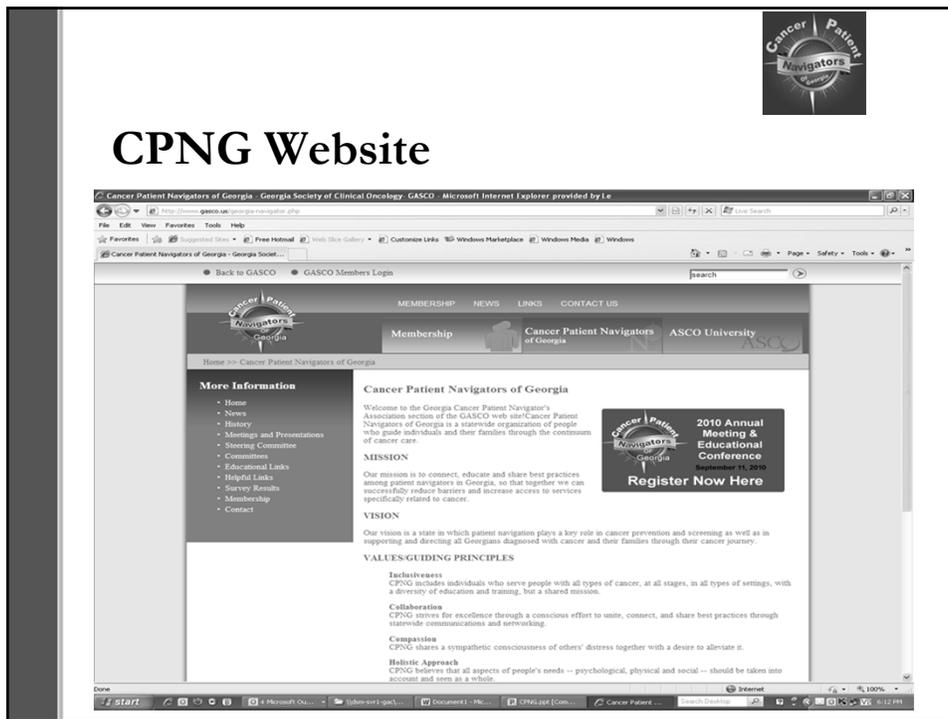
Compassion: CPNG shares a sympathetic consciousness of others' distress together with a desire to alleviate it.

Holistic approach: CPNG believes that all aspects of people's needs -- psychological, physical and social -- should be taken into account and seen as a whole.



CPNG eNewsletter

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|--|--|
|  COMPASS Cancer Patient Navigators of Georgia News www.oacancerpatientnavigators.org | |
| April, 2011 | 2011 CPNG Leadership Meeting |
| IN THIS ISSUE: CPNG Leaders Meet Annual Meeting Date Navigation Grant Members Only Website | Chairmen of CPNG's Education, Communications, Outreach and Advocacy Committees (see list on left) met at a Steering Committee meeting in March, and will soon be contacting members to establish goals for the coming year and get projects underway. In addition to an annual meeting in August, held in conjunction with the GASCO annual meeting, CPNG will be hosting an educational program on "Integrative Medicine" in early November or December at Piedmont Hospital, thanks to a grant from Thomas and Karen Chapman. (see story below) |
| STEERING COMMITTEE CO-CHAIRS Deborah Kemp <small>Adult Nurse Practitioner Chair, Survivorship/Palliative Care Subcommittees, NCCP Nancy N. and J.C. Lewis Cancer Research Pavilion at St. Joseph's/Candler Health System, Savannah</small> Gail McCray <small>Community Health Educator Department of CHPM Morehouse School of Medicine, Atlanta</small> | The Leadership Team also learned about current health care legislation, took a tour of the new members-only website, and got a sneak preview of georgiacancer.org , Georgia COCER's new website which will feature resources for cancer survivors as well as access to clinical trials and oncologists in the state. |
| COMMITTEE CHAIRS Education Tamara A. Mason <small>Project Director</small> | SAVE THE DATE for the next CPNG Annual Meeting August 26 & 27, 2011 GCC Receives Grant for Cancer Patient Navigation |




What is the Value of CPNG?

- Network with other patient navigators in Georgia
- Access to Membership database
- Access to resources: local, state, national information; legislative updates
- Special Interest Groups (SIGs)
- SIG Discussion Groups
- Receive updates through Listserv and eNewsletters
- Opportunity to participate in Research
- Educational Conferences in the state
- Key component of Comprehensive Cancer Control Plan